

One day Webinar
on
Shared Goal Establishment: A Skill for a Successful Career in Corporate
Organized by
Value Education Cell, BBDNIIT
in association with
Mumukshu Acupressure and Healing Centre (MAHC), Noida, India

A one-day webinar was organized by the Value Education Cell of BBDNIIT in association with Mumukshu Acupressure and Healing Centre (MAHC), Noida, India. The main objective of this webinar was to impart keen sense of understanding of shared goal in corporate life.

The inaugural session of the Webinar commenced with the formal welcome note by the Director, Babu Banarasi Das Northern India Institute of Technology, Dr. V.K.Singh. Addressing all the participants Dr. VK Singh said in his presidential address that every person has his or her goals but at work place every ones need to understand the importance of shared goal. Without having shared goal, no one can ensure success in the profession. In fact shred goal is important for every aspect of life. Keeping this fact in mind, this webinar has been organized so that all students and faculty members can benefit.



Value Education Cell
Babu Banarasi Das Northern India Institute of Technology (056)
Organizing a Webinar for Faculty Members & Students

On
"Shared Goal Establishment- A Skill for a Successful Career in Corporate"

By :



Dr. Deepak Kumar

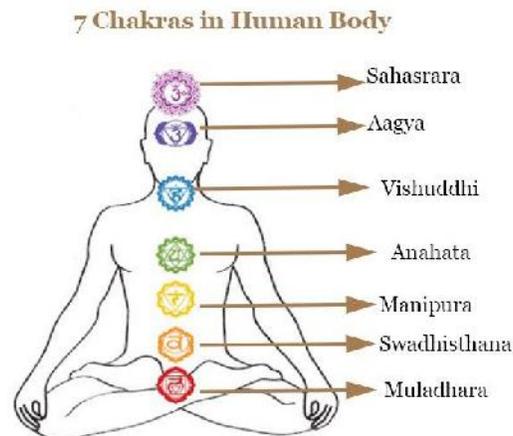
Wellness Speaker

DATE: MAY 10,2020 / TIME: 11:00am
Registration Link open till may 09,2020 : <https://forms.gle/viS5qQR4DC5YQsgaA>

In association with

MUMUKSHU ACURESSURE AND HEALING CENTRE(MAHC), Noida,India
Babu Banarasi Das Northern India Institute of Technology
Lucknow
AKTU College Code : 056

After welcome note the key speaker of the session, Dr. Deepak Kumar, addressed to all participants. He said that our personality is made of five elements: Fire, Air, Akasha (space), Earth, and Water. We have two major and three minor elements in our personality. Our success in life largely depends on these elements. He also mentioned that we should know about these body elements before deciding the career. If a person already knew that which element or elements are primarily found in body so that they can choose their career accordingly and ensure success in life. Taking forward the session Dr. Deepak emphasized that our body has 114 energy wheels known as chakra. Out of these 114 chakras, seven major chakras play an important role in our health. Our holistic health depends on the proper functioning of this chakra. The chakras can be over active, under active or tuned.



Further he said that every thing that happens in collaboration makes us Prosperous. Just like if we live in a single family, then our power is not as much as it can be with everyone in a joint family. Ending the session he introduced his website for all. MAHC is an invitation, a call from the healer within. We all have a physician inside us, but we are never learnt to listen this healer. At MAHC, we facilitate self-healing in a holistic way. The principles of MAHC are geared towards reversing disease, and returning people to perfect health. MAHC follows a long-term approach to ensure that one remains in good health through a self-“enquired holistic health system

called ‘mahc: the Healer within’’. A dedicated health coach empowers our health seekers (स्वास्थ्य मित्र) with the knowledge and discipline to take charge of their own health. This comprehensive system restores a state of homeostasis, and a harmony among the body, mind & soul. From Yoga, Pranayam, Ayurveda, Marma Therapy & Acupressure to Nano-Healing, we trained people to look on the existence in a different way. The person would start to talk to body and the self would guide to do or not to do, follow or unfollow all the habits.

With these words the speaker, Dr. Deepak Kumar, end the session from his side. After that the Director Babu Banarasi Das Northern India Institute of Technology, Dr. V.K. Singh, conclude the session. He said that the session was very informative and all the participants would surely have benefited. After attending this session we will be more able to focus our goals and ensure success.

The seminar concluded with vote of thanks to everyone at the webinar’s confessor, Dr. Laxmi Vajpeyi, Convener, Value Education Cell, Babu Banarasi Das Northern India Institute of Technology.

All Head of the Departments and Faculty members of Babu Banarasi Das Northern India Institute of Technology including more than 70 participants were present in the Webinar.